

Relationships Australia

NORTHERN TERRITORY

JOHNELLA BIRD four day intensive workshop



Darwin, NT October 12, 13, 15, 16 2010*
Holiday Inn Esplanade Darwin, 116 The Esplanade

Johnella Bird, NZACAP, is a counselling practitioner and co-director of The Family Therapy Centre in Auckland, New Zealand. She consults to and facilitates teaching programmes for mental health practitioners, social workers, psychiatrists, counselors, psychologists and nurses throughout Europe, Canada, US, Australia and NZ. The theoretical and technical development of her clinical work continues to be founded on an extensive counselling practice with individuals, couples and families. Johnella has written three books: *'The Heart's Narrative'*, *'Talk That Sings'* and *'Constructing the Narrative in Supervision'*.

THE WORKSHOP WILL BE A COMBINATION OF TWO TOPICS:

Working with couples: We talk, we listen but do we understand? Johnella will discuss and demonstrate a conversational process, addressing serious relationship concerns, which allow us to step away from accusation in order to find a third way. The third way incorporates each person's experience while exploring the sometimes complex and contradictory moments which occur in relationships. The process emphasises a relational perspective, so as to explore and re-negotiate the taken for granted notions which act to shape relationships.

Advancing therapeutic conversations: This workshop focuses on enhancing participants' therapeutic skills – extending and developing particular therapeutic practices in a safe environment. Johnella will discuss and demonstrate practices she uses to develop a context with clients where possibilities for change are made or constructed. Practices include extending therapists' imaginative resources, negotiating ethical positions with clients and exposing binary positions that trap people within pathologising narratives.

The clinical focus will be directed by the participants' work interests. Limited participant numbers will maximise skill development, integration and practice during workshop.

Numbers are limited to 30 participants – please lodge registration form ASAP.

It is requested that participants be familiar with the work of Johnella Bird through her books, study materials or previous attendance at one of her workshops. Please see the following website for resources:

<http://www.cybersoul.co.nz/hearts/index.htm>

***Please note the workshop days are not consecutive – there is a day's break in the middle and includes a Saturday.**

REGISTRATION FORM / TAX INVOICE

ABN: 61 874 389 726

VENUE: Holiday Inn Esplanade (Reflections room),
116 The Esplanade (old Beaufort, pink building adjoining Darwin Entertainment Centre).

DATES: October 12, 13, 15, 16 2010*

TIME: 9.30 – 4.30

COST: \$850

INCLUDES: Participation in 4 day workshop. Morning tea, lunch and afternoon tea.

Name: _____ Organisation _____

Ph (H) _____ Ph(W) _____

Email: _____

Mailing Address: _____

Visa/Mastercard/Bankcard No.: _____ / _____ / _____ / _____

Expiry Date: ____/____

Cardholder Name: _____

Signature: _____

Where I found out about the workshop: _____

Dietary requirements: _____

Please send form with credit card details /cheque / money order payable to RANT to either
fax :(08) 8981 6190 or post to: Relationships Australia NT

GPO Box 4193
Darwin, NT, 0801

For enquiries please contact **Rebecca** on **(08) 8923 4999**, or rebecca@ra-nt.org.au

Cancellation Policy: 15% administration fee will be retained by RANT for cancellations prior to 28th September 2010. However, 50% of the total fee will be retained for cancellations between 28th September to 5th October 2010 with 100% of the fee being retained thereafter.